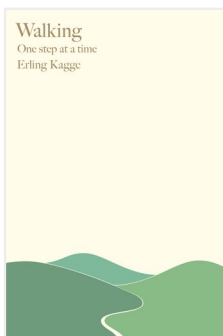


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Walking. One step at a time

Original title: Å gå. Ett skritt om gangen
Publisher: Kagge Forlag 2018
Non-Fiction / Essay
27000 Words
Full English available

"To walk—to take one step at a time—is about seeing yourself, loving the earth, and allowing your body to travel at the same speed as your soul. If you move too quickly you can't keep up with yourself."

"I believe it is important to do the opposite of what you feel like. Not always, but sometimes. Walk a little bit farther. Go out of your way. Choose a route that might seem as absurd and impassioned as a small love affair. You don't have to fear the feeling of uncertainty if you find you've gone the wrong way. Those are precisely the walks that I remember."

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Erling Kagge

Erling Kagge has become something of a Renaissance man. A lawyer by training, he studied philosophy after exploring the world, starting his own publishing house, becoming a renowned collector of contemporary art, and latterly an author of slim but thought-provoking tomes. He has written books on exploration, philosophy and art collecting, all international best sellers and widely acclaimed by critics. His books are translated to 41 languages.

The New York Times described Kagge as "... a philosophical adventurer or perhaps an adventurous philosopher". Alain de Botton describes him as follows: "An author for our noisy times, full of a rare and deeply redemptive languor and perspective".

Other titles

The North Pole. The History of an Obsession (2024)
The Philosophy of an Explorer (2019)
Silence in the Age of Noise (2016)

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Latvijas Mediji, Latvia
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