Stilton Literary



Festive Green Guest Food

Original title: Grøn gæstemad Publisher: Alpha Forlag, Denmark 2024 Non Fiction / Coobook/Vegetarian

It's all about taste and pleasure!

The green kitchen has transformed our plates to an even bigger feast of colors and taste experiences. Kirsten Skaarup shows this development in her latest book including more than 100 new delicious recipes of green guest food.

Many have introduced meat-free days and have gathered a small repertoire of green everyday recipes.

However, It is more challenging with the green guest food, not least for the year's big holidays, Christmas and New Year, and life's big anniversaries. Parties, guests and good food are inextricably linked, and we wish to conjure up something special and sprinkle a little extra stardust on the meals we serve our guests.

Festive Green Guest Food offers recipes where the ingredients are put together so that their entire flavor potential unfolds and becomes small works of art to make sure that the food served is enjoyed by everyone around the table.

Ordinary vegetables such as celery, cabbage and potatoes become small and large delicacies, that will give all guests a culinary experience.

Kirsten Skaarup

Kirsten Skaarup was born in 1945 on the Danish island Falster and in Denmark she is considered The Grand Old Lady of the green kitchen. Since the 1970s, she has published more than 30 green Cookbooks many of which have also traveled abroad. Her bestselling title has sold more than 100,000 copies in Denmark alone. Kirsten has traveled around the world several times with just a backpack in search of the most tasty green dishes an achievement that for a number of years made her chairman of the Female Adventurers' Club.

Other titles

Delicious Green Sandwiches (2022)