

# Stilton Literary Agency



## Delicious Green Sandwiches

Original title: Grønt Smørrebrød  
Publisher: Alpha Forlag, Danmark 2022  
Non Fiction / Cookbook/Vegetarian

***Delicious Green Sandwiches is a true buffet of new exciting taste experiences and ideas for the green sandwich of the future.***

Open-faced sandwiches are a Danish national treasure. Slices of rye bread covered with cold cuts and decorations, the higher the better, cold cuts upon cold cuts topped with a smashing decoration. If you follow tradition, the serving is in fixed order: fish, meat and half-heated cheese...

But times change. More and more people want to eat more green food, and therefore the traditional open-faced Sandwich is also making its way into the a greener time.

In the book you'll find completely new types of layer upon layer combinations such as caramelized artichokes with fried onions and crispy seaweed bacon. Or, baked celery and pumpkin.

And be assured, all the classics are here: plant-based herring of eggplant or oyster mushrooms, 'fish' fillets of breaded parsnips and warm mushroom pâtés with sour and crunch on top. The 'salmon' is made from marinated carrots, and of course there is also a nice tartar dish of beetroot with green garnish.

All recipes are 100% plant-based.

## Kirsten Skaarup

Kirsten Skaarup was born in 1945 on the Danish island Falster and in Denmark she is considered The Grand Old Lady of the green kitchen. Since the 1970s, she has published more than 30 green Cookbooks many of which have also traveled abroad. Her bestselling title has sold more than 100,000 copies in Denmark alone. Kirsten has traveled around the world several times with just a backpack in search of the most tasty green dishes - an achievement that for a number of years made her chairman of the Female Adventurers' Club.

### Other titles

Festive Green Guest Food (2024)