

Stilton Literary Agency



The Power of Hope

Original title: Håpets kraft
Publisher: Gyldendal Norsk Forlag 2023
Non-Fiction / contemporary debate

Climate crisis, pandemic, war and expensive times. For many, the last few years have been demanding.

In this latest book, priest and author Per Arne Dahl wants to give hope to everyone who needs strength and comfort when things get tough. For what can bring comfort, and what can give hope when life feels gray and heavy? Per Arne Dahl guides the reader through various sources that can awaken hope, from humour, community and good, close relationships, to silence, experiences of nature and faith.

“When things get tough in life, we need help to persevere, and to love each other” as Per Arne Dahl says. We need more security when we are afraid, and we need something to hold on to when we lose our grip.

Per Arne Dahl

Per Arne Dahl has worked at Modum Bad psychiatric centre for 15 years, and has been Bishop of Tunsberg and pastor at the Norwegian Parliament and in several other congregations. For more than 20 years he delighted Aftenposten’s readers every Sunday with the column “Beneath clear skies”, alongside the cartoonist Ulf Aas. Dahl has written a number of books.

Other titles

The Power of Hospitality. On Seeing Beyond Yourself (2021)

The Power of Vulnerability .About finding strength when you are weak (2019)