

Stilton Literary Agency



The Big Airfryer Cookbook 2

Original title: Den store Airfryer-kokeboka 2
Publisher: Frisk Forlag 2023
Non Fiction / Cookbook

Discover the shortcut to juicy, crispy and energy-saving meals for young and old, you too.

this is the sequel to the best selling title *The Big Air Fryer Cookbook*. In this new book, the author gives you playfully easy recipes that you have missed and dreamed of making in your air fryer, from beloved traditional Norwegian food and tasty vegetarian dishes to the most delicious meat and fish dishes - as well as sauces and dressings that go with everything.

Everything is made with ingredients you can buy in most grocery stores. Trude also shares her best tips for success with the air fryer, so that you get equally good results for breakfast, lunch, dinner and dinner - every time.

Trude Eide Straume

Trude Eide Straume is a trained chef and runs the blog and Instagram account [Matpaminutter.no](https://www.matpaminutter.no), as well as the Facebook group *Simpler and healthier cooking with an air fryer*. She bought her first air fryer in 2017. With her recipes and handy tips and tricks, she has distinguished herself as one of the country's foremost experts on air fryers, from healthy everyday dinners to proper weekend meals.

Other titles

The Big Airfryer Cookbook (2022)