Stilton Literary



Your SUPERSTAR Brain

Original title: Hjernen er Stjernen -- Ditt eneste uerstattelige organ Publisher: Kagge Forlag 2016 Non Fiction / Popular Science 53000 Words English sample translation available

The brain makes you who you are. It enables you to communicate with other people, from simple messages to subtle use of irony. The brain gives you feelings and personality. It keeps memories from early childhood. It makes you fall in love, and helps you interpret complex patterns and information. But the brain can also tempt you to make bad choices, and it rewards addiction. Join neurologist Kaja Nordengen in her fascinating journey through the many unexplored territories of the human brain. A best seller full of striking examples and admirable use of up to date medical science.

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Kaja Nordengen

Ph.d. Kaja Nordengen (b.1987) is a physician specialising in neurology at Akershus University Hospital. She also teaches at University of Oslo. She wrote her Ph.d. in 2014 on: "The localization and function of NAA, NAAG and their derivatives in the brain." Nordengen has always been fascinated by how the brain functions. Please watch her TED Talk, "Invented reality": https:

//youtu.be/ubJ9sOIvLuk.

Other titles

The Smart Brain Planner (2020) Keep Your Brain Trained for Life (2018)