Stilton Literary



The whole story

Original title: Hele historien Publisher: Gyldendal Norsk Forlag 2022 Non-Fiction / Biography Full Norwegian PDF and English sample chapters available

Here you get the undisguised truth. This is Therese's story. The whole story.

Therese Johaug was only four years old when she competed on skis for the first time, home at Dalsbygda. Since then, she has created some of the most memorable moments in Norwegian skiing history. No one will forget the day she became world champion in Holmenkollen in 2011, throwing herself in the arms of King Harald afterwards. Nor can one forget the emotional press conference when she in tears told the journalists that she had delivered a positive doping test. Or the gold medal at Olympics in Beijing when she rose to the sky like a bird Phoenix.

In the book we follow Therese from young years in Dalsbygda, through her career and the ban, to the incredible comeback where she consolidates her position as one the greatest stars of skiing history. The reader gets a unique insight behind the façade. Therese tells us how close she was to giving up – and how she still managed to fight back. She also writes openly about how the loss of close friends affected her. Last but not least she offers romance. As a reader, you get to join in when her boyfriend Nils Jakob gets down on one knee and proposes under a magical, blue alpine sky on Christmas Eve.

Here you get the undisguised truth. This is Therese's story. The whole story.

Foreign rights

Minerva, Finland

Therese Johaug

Therese Johaug is a cross-country skiing athlete from Dalsbygda in Norway. She has won 14 World Championship gold medals and four Olympic gold medals. She has a total of 25 medals from Olympics and World Championships. She has also won the World Cup Overall and The Tour de Ski three times. Besides her many triumphs in cross-country skiing, she has also won the Norwegian Championships in track and field, (10,000 meter), and the championship in cross-country running. Johaug retired as a professional athlete after the 2021-2022 season.