Stilton Literary



The Big Airfryer Cookbook

Original title: Den store airfryerkokeboka Publisher: Frisk Forlag 2022 Non Fiction / Cookbook

An airfryer can be used to make much more than healthier french fries!

In The Big Air Fry Cookbook, you'll learn about all the possibilities, tips and tricks for cooking in your airfryer, and you'll gain access to a new world of delicious breakfasts, dinners and well-deserved feasts.

An airfryer can be used to make much more than healthier french fries. You can practically prepare anything you want in your air fryer! And the best thing is that it cooks the food faster than in a convectional oven, it is tastier and at least as healthy as food you prepare in other ways. In addition, the circulating hot air in the air fryer makes the food crispy, while at the same time it remains juicy and tasty.

In this book you are served over 100 well-tested recipes, from juicy porridges to perfectly roasted chicken. Or how about serving freshly baked bagels and crispy French toast on a lazy Saturday morning? Enjoy!

Foreign rights

Politiken, Denmark Corsoir, Sweden

Trude Eide Straume

Trude Eide Straume is a trained chef and runs the blog and Instagram account Matpaminutter.no, as well as the Facebook group Simpler and healthier cooking with an air fryer. She bought her first air fryer in 2017. With her recipes and handy tips and tricks, she has distinguished herself as one of the country's foremost experts on air fryers, from healthy everyday dinners to proper weekend meals.

Other titles

The Big Airfryer Cookbook 2 (2023)