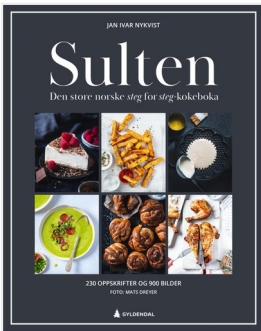


Stilton Literary Agency



Cravings

Original title: Sulten
Publisher: Gyldendal Norsk Forlag 2022
Non Fiction / Cookbook
52500 Words

Jan Ivar Nykvist

Jan Ivar Nykvist is a trained chef, food stylist, author and four-time Norwegian barbecue champion.

Cravings is his fourth cookbook. He runs Oktopus Studio together with photographer Mats Dreyer, who has taken the photos for this book.

If you want to prepare super-delicious meals and learn some basic kitchen skills and techniques at the same time, *Cravings* is the book for you. A primer that shows you how: step by step!

Cravings is a basic cookbook for those who enjoy good food and want to learn how to make it. Here you will find recipes for everyday meals with 900 step-by-step photos that show you exactly what to do and how to do it. No prior knowledge of cooking is required which makes this book unique. The recipes are carefully developed, based on those most searched online. You can use this book both as reference and inspiration. Basic techniques are carefully woven together, so that you eventually - and without even realizing it - become a master chef in the kitchen.

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