

Stilton Literary Agency



Fanciful Salads

Original title: Aichas salatfantasier
Publisher: Gyldendal Forlag 2021
Non Fiction / Cookbook

Eat more vegetables and get inspiration to renew your salad repertoire!

Get excited about Aicha's colorful dishes and conjure up a delicious and filling salad! Aicha's Fanciful Salads is full of tempting salads that you can serve for lunch, dinner or as a side dish. Her salads are inspired by food traditions around the Mediterranean in general and Moroccan cuisine in particular. Here are fresh, green salad classics and nutritious dinner salads with oven-roasted vegetables, seafood, chicken and lamb. Let a few ingredients play the main role, balance the flavors and vary the textures with crispy seeds and dried fruit, crunchy honey-glazed nuts or crispy fried chickpeas, and pour over a sour vinaigrette. The time of dull Chinese cabbage is over. Look at the salad as a separate dish that awakens the senses and delights the palate.

Aicha Bouhlou is a best-selling author and former gallery owner. This is her fourth book. Follow her on the blog aichasmat.no and Instagram [@aichabouhlou](https://www.instagram.com/aichabouhlou)

Foreign rights

Stiebner Verlag, Germany

Aicha Bouhlou

Aicha Bouhlou loves to cook! She was born in Morocco, grew up in Germany and is living Bergen. For large parts of her adult life, she has worked with art communication and has run a gallery in Bergen. In 2012 she closed her art gallery and started with photography and took pictures of the food she cooked every day. The photos were first shared on Instagram, and received an overwhelming response. In December 2015, she started the blog: Aicha's food which eventually led to the publication of her first book called AICHA'S KITCHEN followed by GREEN DISHES and MOSTLY GREEN.

Aicha's food is inspired by her multicultural background and her love for vegetables. Aicha makes simple everyday food with ingredients you can easily get your hands on!

Other titles

Aicha's Mediterranean Cooking. The kitchen of the sun (2023)
Mostly Green (2019)
Green dishes (2017)