

Stilton Literary Agency



Recycled Fashion

Original title: Gjenbruk med Ingrid & Ingrid
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Non Fiction / Hobby/Lifestyle
37717 Words

A new book by the authors of the bestseller, Sewing with Ingrid and Ingrid!

Of course it's possible to create a fashionable wardrobe with only second-hand clothes! Ingrid Bergtun and Ingrid Vik Lysne share their favourite tips on how to jump off the fast-moving fashion carousel and instead create a long lasting wardrobe. In this book, they reveal the best second-hand clothing coups, explain the difference between the various materials and textile qualities, give advice on where to look and what to look for. They also give you tips and good advice on how to make your clothes last longer, on repair and stain removal, as well as how to alter a garment to compliment your figure. Recycled Fashion guides you in finding second-hand clothes that suit your style, whether you love to go treasure hunting at flea markets, or never bought second-hand clothes before. By buying clothes second-hand instead of new, and by taking good care of your garments, you can create a more sustainable wardrobe

Ingrid Vik Lysne and Ingrid Bergtun

Ingrid Vik Lysne and Ingrid Bergtun teach people to sew, redesign and repair. They have sewing courses and lectures on sewing and reuse all over the country and post patterns on Youtube and Instagram. Together they hold the annual sewing competition SkandinaviaSyr, and previously they have participated in the Sewing Championship on NRK. Ingrid and Ingrid have a total of over 200,000 followers on social media. On Instagram: @ingridviklysne and @ingridbergtunsyr

Other titles

Hooked on sewing (2020)