

# Stilton Literary Agency



## Hooked on sewing

Original title: Sy med Ingrid og Ingrid  
Publisher: Kagge Forlag 2020  
Non-Fiction / Hobby/Hand craft  
26000 Words

Design your own clothes from recycled textiles!

More and more people are throwing themselves into the sewing wave and want to learn more about sewing, reuse and redesign. Sewing yourself is fun, easy and sustainable. This book gives you all the inspiration you need to get started. Through simple and visual patterns, the authors show how to make modern garments from old textiles. Here are patterns everyone can follow, including jackets, sweaters, skirts and pants, and fun little things like headbands and tote bags. The book has step-by-step descriptions and pattern sheets. You will also get good tips on how to repair and take care of your clothes. With this book, you will quickly be hooked on sewing, and you will experience how much fun it is to make sustainable garments that you will also feel cool with.

### Foreign rights

Schifferbooks, USA WE  
Alpha, Denmark

## Ingrid Vik Lysne and Ingrid Bergtun

Ingrid Vik Lysne and Ingrid Bergtun teach people to sew, redesign and repair. They have sewing courses and lectures on sewing and reuse all over the country and post patterns on Youtube and Instagram. Together they hold the annual sewing competition SkandinaviaSyr, and previously they have participated in the Sewing Championship on NRK. Ingrid and Ingrid have a total of over 200,000 followers on social media. On Instagram: @ingridviklysne and @ingridbergtunsyr

### Other titles

Recycled Fashion (2021)