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Silence in the Age of Noise

Original title: Stillhet i støyens tid Publisher: Kagge Forlag 2016 Non Fiction / Essay 30000 Words Full English translation available

"Whenever I am unable to walk, climb or sail away from the world, I have learned to shut it out. Learning this took time. Only when I first understood that I had a primal need for silence, was I able to begin my search for it — and there, deep beneath a cacophony of traffic noise and thoughts, music and machinery, i-phones and snowploughs, it lay in wait for me. The silence."

The author poses three questions: What is silence? Where can it be found? Why is it more important now than ever? What follows in his book are 33 attempts to answer the questions.

A personal, charming and significant book on a topic that powerfully addresses our modern times. Erling Kagge uses his extraordinary experiences to approach silence.

"Shutting out the world is not about turning your back on your surroundings, but rather the opposite: it is seeing the world more clearly, maintaining your direction and taking a stab at loving your life."

Foreign rights

Wahlström & Widstrand, Sweden Suhrkamp Verlag, Germany A. W. Bruna, Netherlands Companhia das Letras, Brazil People's Press, Denmark Flammarion, France Einaudi Stile Libero, Italy Penguin Random House, World Spanish Locus, Taiwan Muza, Poland Patakis, Greece Gummerus, Finland Alma Littera, Lithuania Modan, Israel



Erling Kagge

Erling Kagge has become something of a Renaissance man. A lawyer by training, he studied philosophy after exploring the world, starting his own publishing house, becoming a renowned collector of contemporary art, and latterly an author of slim but thought-provoking tomes. He has written books on exploration, philosophy and art collecting, all international best sellers and widely acclaimed by critics. His books are translated to 41 languages.

The New York Times described Kagge as "... a philosophical adventurer or perhaps an adventurous philosopher". Alain de Botton describes him as follows: "An author for our noisy times, full of a rare and deeply redemptive languor and perspective".

Other titles

The North Pole. The History of an Obsession (2024) The Philosophy of an Explorer (2019) Walking. One step at a time (2018)

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Guy Saint Jean, French North America Tatsumi, Japan Knopf, US Viking Penguin, UK & BCW Edicions 62, Catalonia Quetzal, Portugal Alpina, Russia Alfa Kitap, Turkey Park Kiado, Hungary JSC Lauku Avize, Latvia Minumsa, South Korea OMG Books, Thailand Booky, China Family Leisure Club, Ukraine Postimees, Estonia Premedia Publishing House, Slovakia PROFIL, Croatia Jan Melvil Publishers, Czech Republic Sprotin, The Faroe Islands Kibea, Bulgaria First News, Vietnam Grup Media Litera, Romania Vida, Slovenia Thomas, Malayalam (India) BookClub Publications, Saudi Arabia Ana Pol Publishing House, Iran Ugla Utgafa, Iceland

A bestseller on why finding inner silence is the key to happiness . . . bound to hit our sweet spot for wanting to unplug and disconnect from the world

Evening Standard

Fascinating

The Times

a simply extraordinary book

Trail Magazine